The street will be long and unfriendly, the stairs and the poor often ungrateful. You will soon find charity a heavy burden, heavier than the jug of soup or the full basket. But you will still be pleasant and smile. Distributing soup and bread is not everything. The rich can do that. The poor are your masters and you will find them terribly exacting masters. So the more unattractive and dirty they are, the more rude and unfair they are, the more you must lavish your love upon them. It is only by feeling your love that the poor will forgive you your gifts of bread.

St. Vincent de Paul